Kit List for Youth Pilgrimage June 28-29

Please read carefully

We are hugely looking forward to meeting your young person, and giving them a safe, fun, and meaningful weekend.

What **NOT** to bring: This is a **mobile-phone free** event! No phones, ipads, devices will be allowed. Please ensure you leave them all at home and enjoy the screen-free time. (Adult leaders will be carrying mobile phones. If your young person would like to contact home during the pilgrimage, there will be opportunity to.)

Please name tag your belongings. Every young person to bring:

- 1) **An overnight bag** labelled with your name. This will be transported for them from the drop off. They will not carry it or have access to it until they arrive at their accommodation on Saturday tea time.
 - 1. Pyjamas / night wear
 - 2. Change of underwear
 - 3. Two Tshirts
 - 4. Jeans / trousers
 - 5. Jumper or hoodie
 - 6. Single bottom sheet
 - 7. Pillow with pillowcase
 - 8. Sleeping bag
 - 9. Washbag -shower gel / facewash, toothpaste, toothbrush, hairbrush, deodorant
 - 10. Towe
 - 11. Change of shoes eg crocs / sandals
 - 12. Optional: torch, bible
 - 13. Tea towel
- 2) A daytime backpack to carry on the Saturday 8 mile walk, labelled with your name, with:
 - 1. Suncream
 - 2. Sunhat
 - 3. Any medications needed eg asthma inhaler / epipen
 - 4. Packed lunch for Saturday and a snack
 - 5. 1.5 litres of water
 - 6. Sanitary products if needed
 - 7. light anorak / jumper
 - 8. Optional: a few pounds in cash for an ice-cream or souvenir. maximum £5.
 - 9. Optional: notebook, pen
 - 10. Optional: sunglasses
 - 11. If rain is forecast a waterproof coat with hood

Young people should arrive wearing clothes suitable for an <u>8 mile hike</u> in whatever weather is forecast for the day. At time of writing we anticipate hot sunny weather so if that stays the case, please arrive wearing:-

- Suncream high factor on face, ears, neck, arms, legs.
- T-shirt (covered shoulders, not strappy top)
- Shorts or lightweight trousers (no jeans)
- Comfortable & sturdy trainers or light hiking shoes with socks
- Everyone must have a sunhat in their day backpack and wear it once we are on the walk

<u>DROP OFF YOUR YOUNG PERSON</u>: On Saturday 28th June at 10am at St Peter's Church, Upper Beeding, 100 Church Lane, Steyning, BN44 3HD.

<u>COLLECT YOUR YOUNG PERSON:</u> On Sunday 29th June at 1:15 from Parkwood Scout Campsite, Poynings Road, Poynings, **BN45 7BA**.

Last-minute problems? Call Amanda on 01403 599226.